

Contractual Agreement for Participation in ICTA Cupping Workshops

In participating in this workshop, you have read, understand and agree to this workshop agreement before ICTA acceptance of your attendance, which includes the following:

- You understand that the hands-on lab work done in our standard medical exchange format which includes your **providing** and **receiving** the treatments with other student practitioners of different skill sets, ethnicities, religions and genders.
- You understand that the ICTA programs are taught in English, and acknowledge that you are fluent with the English language (speaking, reading and understanding).
- You acknowledge that you have no communicable disease or condition, permanent or temporary, contraindicated for Cupping Therapy.
- You must be able to visually see the work being demonstrated by the educator that you are required to perform as part of the curriculum. It is required that all physical disabilities, conditions or concerns you have in receiving or providing Cupping treatments be fully disclosed to the ICTA Administration immediately during the registration process so issues may be addressed **prior to approval of attendance**. Should you choose to omit any condition that warrants attention by the ICTA or disqualifies you from participating IN FULL - you are subject to the ICTA refund policy minus merchant and administrative costs.
- You understand the consumption of alcohol narcotics before or during ICTA training is *strictly prohibited*. If you appear intoxicated, drowsy (falling asleep during presentations or demos) or otherwise in a state of drug related imbalance - you will be asked to leave the workshop. You will not be allowed to remove training materials and there are no refunds or transfers allowed. If you must be on prescription drugs that alter your ability to absorb the training provided in the presentations, demos and lab, please postpone taking the training until you can make the most of your investment and the experience of the other attendees in the workshop – all transfers will require medical documentation for any policy waivers.
- You are in agreement and will abide that photos, recordings, use of laptops, iPads, cell phones, texting or other distractions are strictly prohibited during the workshop training time.
Participants will only be warned once. Please. Keep. It. Off. Of course, you may use your digital devices on breaks, if you are on call (disclose this in advance to the Educator ASAP and it must be kept in silent mode).
- You agree that the ICTA curriculum, website and all related materials are ICTA Copyright Protected IP. Reproduction or redistribution of ICTA Copyright Protected Intellectual Property is *strictly prohibited* >> **ALL RIGHTS REMAIN RESERVED** << Some materials are made available for ICTA Members for use in your therapeutic practice, questions regarding the use of ICTA materials should be directed to **Aaron@CuppingTherapy.ORG**. Any approved use of ICTA materials must include a reference to the International Cupping Therapy Association and website.
- You are aware that Cupping modalities should not be combined with exfoliation, done over areas up to 4 hours after shaving, recent incisions, on sunburns or when the body is exhausted, hungry or dehydrated. Avoid exposure to extreme cold, wet, and/or windy weather conditions, hot showers, steam saunas, and aggressive exercise for 4-6 hours after your lab work each day. Exposure to extremes can produce undesirable effects and these situations should be avoided. Should you find yourself achy

or uncomfortable in the evenings we recommend a 20-minute soak in a warm bath with 1 C Epsom Salt and 1/2 C Baking Soda.

You understand that before driving your car home please take the time to ensure that your proprioception is stabilized. Visit the restroom and get some more water for the drive. If you are driving longer than 30 minutes please consider staying at the location during the workshop to minimize your stress. Minimize caffeine, sugary foods and drinks, dairy and processed meats. Increase your consumption of clean water. Drinking alcohol or consuming narcotics before, during or after Cupping can cause nausea and flu-like symptoms. Consume at your own risk.

You further understand that here is the possibility of discolorations that can occur from the release and clearing of stagnation and toxins from the body. This effect is not bruising, but cellular debris, stagnation, pathogenic factors and toxins being drawn to the surface to be clear away by the fluid systems. Marks will dissipate from a few hours to as long as 2 weeks in some cases and in relation to the after-care and physical activities of the person post treatment.

You have reviewed and understand the ICTA refund and transfer policies. Cancellations result in \$50. Administrative fee and Merchant fees of 3.5%. 15 – 25 days before the workshop starts, 50% refunded – less \$50.00 Administration fee and the Merchant fee of 3.5%. Cancellations 15 days or less 100% tuition forfeiture. Group rate tuitions are nonrefundable.

You understand that you should not purchase airline tickets or hotel rooms until you have confirmed with us that your dates are being held. ICTA is not responsible for airline ticket penalties, interruptions of travel, hotel expenses or lost or damaged property. ICTA is not responsible for your expenses to take the training including food, travel, hotel expenses or lost / damaged property.

You are aware of the ICTA approved boards: **NCBTMB, CMMOTA, NHPC, MTAS, TXDHS, MTAM, MTAA, NYSED, LABMT, FBOA, FBOM, FBAT, CATA.** Currently we are not applying to any addition boards for approval. We will not provide material for you to do this on the ICTA's behalf. If you choose to take this training we welcome you to do so, but the boards listed are the boards we are approved by. **NO EXCEPTIONS WILL BE MADE.**

Signature _____

Print name _____

Date _____



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